

THE DOLLAR\$ & SENSE OF EMPLOYEE ASSISTANCE

The Employee Assistance Professionals Association 2003

Abbott Laboratories

Abbott Laboratories EAP recently reported a two to one return on investment as a result of lowered healthcare costs for employees utilizing the EAP (Dainas, 2000). Based on over 2,000 cases, the study found that EAP clients had an average of \$2,200 lower overall healthcare expenses than cases with similar mental health and substance abuse problems that sought treatment outside of the EAP. Healthcare cost savings were attributed to the careful matching of EAP clients with treatment providers and consistent follow-up to ensure that clients became effectively engaged in the treatment process.